



**WHO WE SEE:** People Living With HIV (PLHIV) - clients must be HIV positive.

**SERVICES:** Spiritus Positive Directions (PD) connects you to services you are eligible for in the community where you live, such as social services (housing & transport), medical/clinical services (HIV related and other), and others as needed.

PD provides specialist mental health and nutrition advice to PLHIV, as well as resources for clients, families, and others, and two wellness programs which focus on nutrition/exercise and mental health.

Clients may be eligible for assistance through the Client Care Fund.

**REFERRAL NECESSARY?** Not required.

**PHONE:** (07) 3900 8000 or 1800 422 313

**WEB:** [www.positivedirections.org.au](http://www.positivedirections.org.au)



**WHO WE SEE:** People Living With HIV (PLHIV) and their partners, family and significant others affected by HIV.

**SERVICES:** QPP is a community-based organisation offering regular peer support & self-help activities; advocacy; treatments and health promotion information; referrals and the quarterly "QPP Alive" magazine.

QPP also auspices The HOPE Fund which aims to help PLHIV residents of Queensland improve their lives with small one-off grants for short courses, personal development projects or genuine material need when no other funding is available.

**REFERRAL NECESSARY?** Not required.

**PHONE:** (07) 3013 5555 or 1800 636 241

**WEB:** [www.qpp.net.au](http://www.qpp.net.au)



**WHO WE SEE:** All gay and other men who have sex with men (HIV-negative, positive and untested), LGBT people and Aboriginal & Torres Strait Islanders.

**SERVICES:** Phone and web contacts for men's sexual health; printed and electronic info and campaigns on HIV, Hepatitis C and sexual health; outreach to gay pubs, clubs, beats, community events and internet chat sites; variety of workshops and support groups; support and referrals for A&TSI people with HIV; training and development for services on LGBT health issues. Resource Centres in Brisbane, the Sunshine Coast and Cairns.

**REFERRAL NECESSARY?** Not required.

**PHONE:** (07) 3017 1777 or 1800 155 141 (Men's Sexual Health Line)

**WEB:** [www.qahc.org.au](http://www.qahc.org.au) or [www.men.org.au](http://www.men.org.au)



#### AIDS MEDICAL UNIT (AMU)

**WHO WE SEE:** PLHIV and their partners, family and significant others.

**SERVICES:** Specialised HIV medical and nursing care, information and advice (phone and face-to-face).

**REFERRAL NECESSARY?** Written referral from doctor preferred, but can self-refer.

**PLEASE NOTE:** Appointment preferred.

**PHONE:** (07) 3837 5622



#### SEXUAL HEALTH HIV PSYCHOLOGICAL SERVICE (SHHPS)

**WHO WE SEE:** PLHIV and their partners, family and significant others.

**SERVICES:** Psychological and counselling services for PLHIV, supporting and helping to adjust to and cope with HIV and other sexual health conditions - particularly STIs; help with managing depression, anxiety and life-adjustment issues for PLHIV; sexual risk-taking; recent male sexual assault; assessment and counselling.

**REFERRAL NECESSARY?** Self-referral is encouraged, and referrals from a doctor or sexual health service are also accepted.

**PHONE:** (07) 3837 5799



#### BRISBANE SEXUAL HEALTH SERVICE

**WHO WE SEE:** Any person with sexual health concerns, symptoms or risk of STI.

**SERVICES:** Testing, diagnosis and management of STIs and HIV; information and advice (by phone and in person); PEP (Post-Exposure Prophylaxis); contraception and emergency contraception; education & health promotion for the community and health professionals.

**REFERRAL NECESSARY?** Not required.

**WHAT ELSE WE DO:** Sex worker and gender clinics, outreach services for sex-on-premises venues, as well as indigenous sexual health programs.

**WEB:** [www.health.qld.gov.au/sexhealth](http://www.health.qld.gov.au/sexhealth)

**PHONE:** (07) 3837 5611



#### PRINCESS ALEXANDRA SEXUAL HEALTH (PASH)

**WHO WE SEE:** Any person with sexual health concerns, symptoms or risk of STIs, aged 14 years or older.

**SERVICES:** Testing, sexual health screening and management of infections; contraception; Hepatitis B vaccinations; HIV care and support; pap smears; pregnancy testing; counselling.

**REFERRAL NECESSARY?** Not required.

**PHONE:** 3240 5881

**Are these services confidential?**

All non-government services involved in your care work to the requirements of the National Privacy Principles (2000) and the National Privacy Act (2000).

As we are bound to these acts, services cannot discuss any aspect of your care with anyone.

There are some situations where confidentiality *may not* be guaranteed, including:

- ♦ a serious and imminent threat to an individual's life, health, or safety;
- and

- ♦ a serious threat to public health or public safety (National Privacy Guidelines, 2000).

The Queensland Health Services work to the requirements of the Health Services Act and the guidelines of the Qld Health Services Health Clinical Services and Privacy Policy.

**How much does it cost?**

The services outlined in this card do not charge for the provision of their services. If any particular fees are necessary, these will be discussed with you prior to any charge.

**What happens if I need to use more than one service?**

You can attend as many services as you need, although some services may have certain criteria you must meet.

**Can I still see my GP and use these services?**

Yes, you can – you can access your own GP for all health concerns, and continue to see the services listed on this card.

**Where do I get medications?**

HIV medications can be obtained through Biala pharmacy and major public hospital pharmacies. Usual script fees apply for HIV medications, including PEP.

**Do I need to make an appointment?**

Some services might require you to make an appointment, or may ask you to do so.

Please contact the service first to discuss this with them.

**Can I bring someone with me to an appointment?**

Yes, you can – if you would like to bring a friend, family member or significant other, you are able to do so.

You are also able to bring an advocate with you to your appointment.

**Do I need to bring anything?**

At the time that your appointment is made with the respective service provider, you will be informed if you need to bring anything with you.

**Can I get emergency relief from these agencies?**

None of the services outlined here can offer emergency relief to PLHIV, but there are over 400 emergency relief agencies in Queensland, which can provide such things as vouchers towards food, transport costs or clothing, or assistance with payment of some bills.

A list of these agencies can be obtained by contacting the Spiritus Positive Directions Resource Co-ordinator on (07) 3900 8000.

Each of the agencies will have different entry criteria, and most will require a Centrelink letter confirming your pension details, or another form of identification.

**How do I provide feedback?**

All the agencies on this card have a Compliments and Complaints (or grievances) Policy and related forms. It is your right to access these processes if you are happy or not happy with the service that you have received.

Please contact the manager of the service to which you would like to provide comments, and your verbal or written feedback will be received confidentially and responded to in a timely and appropriate manner.

**Is this information available in another language?**

Most of the Queensland Health brochures are available in another language, or their services will be able to organise brochures for you in another language.

Alternatively, you could contact the Ethnic Communities Council of Queensland (phone (07) 3844 9166) for brochures on HIV, sexual health, hepatitis, and other STIs.

**Is there accessible transport to get to these services?**

Most of these services can be reached by public transport. For more information, please contact the service you are attending or call TransLink (phone 13 12 30 for the cost of a local call).

The TransLink call centre operates between the hours of 6am to 9pm, Monday to Thursday, and 6am Friday through to 9pm Sunday.

(Public holiday closing times may vary).

When you need personal assistance you can discuss your journey requirements with a TransLink customer service operator.

**WEB:** [www.translink.com.au](http://www.translink.com.au)

# WHO CAN I GO TO?



**HIV SERVICES  
A QUICK-REFERENCE GUIDE**

DESIGNED AND PRODUCED BY SPIRITUS MARKETING, MISSION & COMMUNICATION  
ON BEHALF OF THE ALLIANCE OF THE BRISBANE SEXUAL HEALTH & AIDS SERVICE,  
QAHC, QUEENSLAND POSITIVE PEOPLE, AND SPIRITUS POSITIVE DIRECTIONS

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